

**IN THE SPECIFICATION:**

Kindly amend paragraph 0062 of the specification as follows:

Turning now to Figs. 10 through 22, user interface screen printouts of another program capable of carrying out methods of the present invention are shown. This second program is aimed towards assisting the user attain a goal successful. For the purposes of this description, and as shown in Fig. 10, the goal has been ~~arbitrarily~~ arbitrarily selected to comprise adherence to an investment strategy by which the user will invest \$2000.00 per year. It should be understood that the program is capable of assisting in the realization of other related or unrelated goals. The particular goal to be achieved may be modified or deleted, or additional goals may be added, by selection of the "Maintain Goals" button in Fig. 10 and subsequent maintenance using the commands (e.g., "move up," "move down," "create affirmations," "delete goal," "add goal") shown in Fig. 11. Likewise, affirmations of each goal may be edited, added, or deleted by selection of the "Maintain Affirmations" button in Fig. 10 and subsequent maintenance using the commands (e.g., delete, edit, add) shown in Fig. 12.